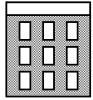


THE INSIDER'S GUIDE TO WASHINGTON DC

Meetings in DC are a necessary part of the job for any policy professional. Use our insider's guide to navigate Capitol Hill with confidence, find the best spots for everything from power breakfasts to quick bites between meetings, and book the right hotel if you are visiting from out of town.



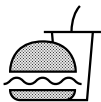
WHERE TO STAY

- Marriott International
- Hilton Hotels
- Hyatt Hotels
- Westin Hotels
- Four Seasons
- Willard Intercontinental
- The Jefferson



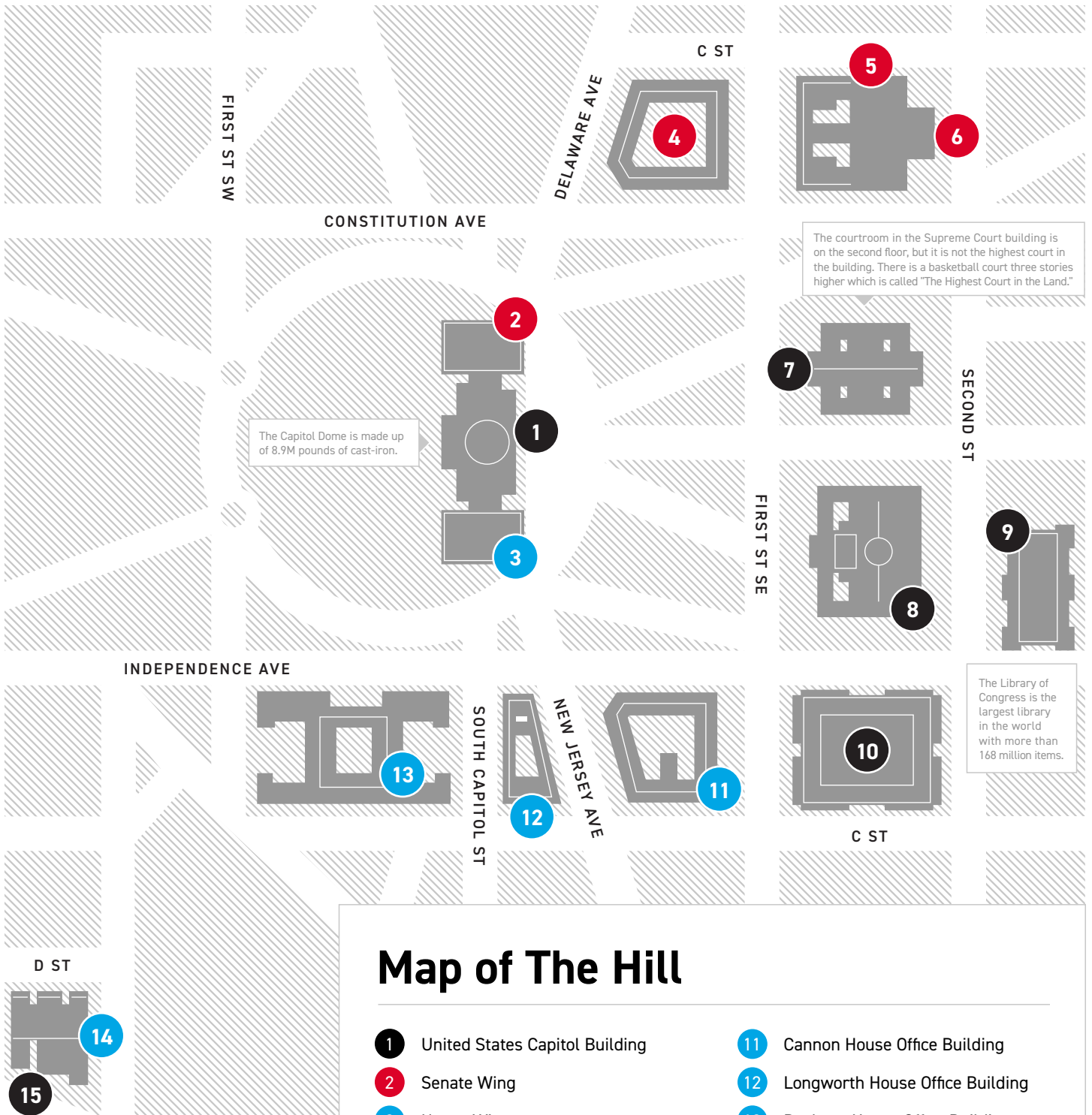
WHERE TO WINE AND DINE CLIENTS, NETWORK, OR CONDUCT BUSINESS MEETINGS

- Joe's Seafood, Prime Steak & Stone Crab
- Bistro Bis – the best spot for a power breakfast
- Café Milano
- Martin's Tavern
- Fiola Mare
- Le Diplomate
- Charlie Palmer Steakhouse – the closest steakhouse to Capitol Hill
- The Palm
- BLT Steak
- The Old Ebbitt Grill
- Off the Record at The Hay-Adams – stop by their bar for pre-dinner drinks
- The Hamilton – another great spot for a drink



WHERE TO GRAB A QUICK BITE ON THE HILL BETWEEN MEETINGS

- Longworth Cafeteria: Longworth House Office Building, basement (most seating on the House side)
- Rayburn House Cafeteria: Rayburn House Office Building, basement
- Dirksen Cafeteria: Dirksen Senate Office Building, basement (most seating on the Senate side)
- Cups Café: Russell Senate Office Building, basement (limited seating)
- Haart Senate Chef: Dirksen/Hart Senate Office Buildings Connecting Corridor, ground floor (limited seating)
- Union Station: food court, fast food, and sit-down options



Map of The Hill

- | | | | |
|----|--------------------------------|----|---------------------------------|
| 1 | United States Capitol Building | 11 | Cannon House Office Building |
| 2 | Senate Wing | 12 | Longworth House Office Building |
| 3 | House Wing | 13 | Rayburn House Office Building |
| 4 | Russell Senate Office Building | 14 | Ford House Office Building |
| 5 | Dirksen Senate Office Building | 15 | Congressional Budget Office |
| 6 | Hart Senate Office Building | | |
| 7 | Supreme Court Building | | |
| 8 | Jefferson Library of Congress | | |
| 9 | Adams Library of Congress | | |
| 10 | Madison Library of Congress | | |

